



VEGAS VITAL

NUTRITIONAL SUPPLEMENT CONCEPT



VEGAS VITAL

## YOUR WELL-BEING IS OUR PRIORITY

Vegas Vital has developed a nutritional supplement concept, providing our customers with vitamins, minerals and fiber as well as other essential nutrients.

Even when we try our very best to live a healthy lifestyle based on wholesome nutrition, which should always be the goal, we often fail in our efforts due to time constraints and stressful circumstances. Too often, this dilemma results in reverting back to a diet created out of a need for convenience but with hardly any nutritional value at all. This is why Vegas Vital is like a best friend, supportive, and ready to help compensate for potential deficiencies.







# ALOE DRINK

## ALOE VERA DRINKS FROM THE VALUABLE ALOE BARBADENSIS MILLER

The three Vegas Vital Aloe Drinks are won from pure biologically grown Spanish Aloe plants of the variety Barbados Miller and is also produced in Spain, using a patented manufacturing process. Even the ministry of agriculture responsible, guarantees the origin and the monitoring of biological cultivation on our Aloe Drink Natural with a seal of quality.





Unlike conventional powder-based Aloe juice, our product is 100% freshly squeezed. Due to the certified organic crops, cautious harvesting, as well as the quick processing within 24 hours, our Aloe Drinks contain a very high Acemanan component as well. We also guarantee that they all exclude Aloin.

Through the patented manufacturing process, important vitamins such as A, B and C, minerals like germanium, calcium, iodine, copper, zinc, iron, magnesium, sodium, potassium, manganese, and also amino acids such as Valine, methionine, phenylalanine, lysine and Leucine, which are found in the Aloe plant as well, are maintained.

In addition to our pure Aloe Drink Natural consisting of 99.98% Aloe Barbados Miller, we have an Aloe Drink Honey with 5% blossom honey. The whole range is crowned with our Aloe Drink Graviola, as Graviola (Annona Muricata) stands for a very special tree and its fruit. It originated among others in South America. For centuries the native inhabitants have valued Graviola as a foodstuff, but also for its partial Aloe Vera like and other sensational properties.

Various scientific acknowledgements around the world have confirmed the beneficial effects of Graviola so that a variety of literature can be found on this. We have used this knowledge in the development of our Aloe Vera Drink Graviola and are therefore once again able to show our ability.

RECOMMENDED DOSAGE: 3 X 30ml DAILY

-  CULTIVATED AND PROCESSED EXCLUSIVELY IN EUROPE
-  HIGH PERCENTAGE OF ALOE VERA – 99.98%
-  NO ARTIFICIAL COLOURING OR PRESERVATIVES, ALOIN-FREE!
-  CERTIFIED ORGANIC CULTIVATION WITH BIO SEAL

### ALOE DRINK NATURAL

INGREDIENTS	DAILY DOSIS	%NRV*
Manganese	3,96 mg	198
Iron	2,97 mg	21
Vitamin C	162 mg	202,5

99.98% Aloe Barbados Miller, Aloe Drink Natural | 6 Pack  
100% Organic Buy five, get one free!  
CODE 5000 | 1l | 34,50€ CODE 5001 | 6 x 1l | 172,50€

### ALOE DRINK GRAVIOLA

INGREDIENTS	DAILY DOSIS	%NRV*
Manganese	3,97 mg	149
Iron	2,36 mg	17
Vitamin C	126,13 mg	158
Graviola	22,5 mg	-

74,9% Aloe Barbados Miller, Aloe Drink Graviola | 6 Pack  
25% Graviola (Annona muricata) Buy five, get one free!  
CODE 5020 | 1l | 32,50€ CODE 5021 | 6x 1l | 162,50€

### ALOE DRINK HONEY

INGREDIENTS	DAILY DOSIS	%NRV*
Manganese	3,96 mg	198
Iron	2,97 mg	21
Iodine	22,5 µg	15

94.9% Aloe Barbados Miller, Aloe Drink Honey | 6 Pack  
5% Honey Buy five, get one free!  
CODE 5002 | 1l | 29,90€ CODE 5003 | 6 x 1l | 149,50€

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011



# Q10 & OMEGA 3

## COENZYM Q10 COMBINED WITH OMEGA 3

Coenzyme Q10 is a fat-soluble substance. Meanwhile, we now know that this substance, which is also produced in the human body, takes care of our well-being. It is known that the ingredient Omega 3 rates among the unsaturated fatty acids. These in turn rank among the essential nutrients, functioning as important and positive properties for our body. At Vegas Vital we attain our Omega 3 fatty acids from flax seed oil.

One is able to optimally combine the two positive characteristics of these two ingredients, thus creating a select product which is an ideal companion to a varied and healthy diet.

The following is being said about Omega 3 fatty acids:

- 🍷 IT IS ABLE TO CONTRIBUTE TO THE NORMAL FUNCTIONING OF THE HEART
- 🍷 IT IS ABLE TO CONTRIBUTE TO MAINTAINING A NORMAL CHOLESTEROL LEVEL
- 🍷 IT IS ABLE TO CONTRIBUTE TO THE MAINTENANCE OF NORMAL BRAIN AND EYE FUNCTION
- 🍷 IT IS ABLE TO CONTRIBUTE TO MAINTAIN A NORMAL BLOOD PRESSURE

RECOMMENDED DOSAGE: 2 CAPSULES DAILY

### Q10 & OMEGA 3

Recommended dosage for  
one month

**CODE 5024 | 60 Capsules | 34,90€**

### Q10 & OMEGA 3 | Pack 3

Recommended dosage for  
three months

**CODE 5025 | 3 x 60 Capsules | 94,50€**

(Advantage pricing - You save 10,20€ )



INGREDIENTS	DAILY DOSIS	%NRV*
Omega 3 fatty acids	200 mg	**
Coenzym Q 10	100 mg	**

\* NRV = recommended daily dosage, according to Regulation [EU] No 1169/2011  
\*\* = No recommendation established



# CURCUMA PROTECT

## WITH THE VALUABLE CURCUMA LONGA

For centuries Curcuma Longa, also known as turmeric, is being grown in India and other tropical countries. In growth and appearance the plant is quite similar to ginger.

Much like ginger, the leaves arise on the rhizome while lateral roots with tuber-like nodes grow in the ground. It grows best in moist and warm areas.

After drying, the rhizomes are ground into a powder, which is then marketed as turmeric. The curcuminoid of turmeric, the so-called active ingredient "curcumin" is then extracted from this.

The following is being said about curcumin:

- 🍷 IT SUPPORTS AND MAINTAINS A NORMAL CHOLESTEROL LEVEL
- 🍷 IT SUPPORTS THE PROTECTION OF THE BODY'S CELLS AGAINST OXIDATIVE STRESS
- 🍷 IT MAINTAINS GENERAL WELL-BEING

RECOMMENDED DOSAGE: 2 CAPSULES DAILY

### CURCUMA PROTECT

Recommended dosage for  
one month

CODE 5022 | 60 Capsules | 27,50€

### CURCUMA PROTECT | Pack 3

Recommended dosage for  
three months

CODE 5023 | 3 x 60 Capsules | 74,50€  
(Advantage pricing - You save 8,00€)





INGREDIENTS	DAILY DOSIS	%NRV*
Curcuma Powder	1000 mg	**
Piperine	9,6 mg	**
Vitamin B6	3,2 mg	234
Vitamin B1	2,6 mg	246
Vitamin B2	2,8 mg	200

\* NRV = recommended daily dosage, according to Regulation [EU] No 1169/2011

\*\* = No recommendation established



# ACTIVE BALANCE

## FOR THE BALANCE IN YOUR BODY

For years it is known that an imbalance within the body can be detrimental to its general well-being. Therefore Vegas Vital has developed Active Balance, with a high proportion of basic minerals and other beneficial ingredients, which is able to support the acid-base-balance of the body. In this manner we wish to contribute to your well-being.

The interaction of minerals do play a very important role here. Vegas Vital even avoids the use of carbonates, which are generally insoluble.

The following is being said about basic minerals:

- THEY HAVE THE ABILITY TO SUPPORT THE ACID-BASE OF THE BODY
- THEY SUPPORT THE PROTECTION OF THE BODY'S CELLS AGAINST OXIDATIVE STRESS

RECOMMENDED DOSAGE: CHEW 6 TABLETS DAILY

### ACTIVE BALANCE

Recommended dosage for  
one month

**CODE 5028 | 180 Tablets | 29,90€**

### ACTIVE BALANCE | Pack 3

Recommended dosage for  
three months

**CODE 5029 | 3 x 180 Tablets | 81,00€**

(Advantage pricing - You save 8,70€)



INGREDIENTS	DAILY DOSIS	%NRV*
Kalium	1000 mg	50
Magnesium	188 mg	50,2
Calcium	301 mg	37,64
Orange extract	150 mg	**
Bioflavonoide thereof	90 mg	**
Sodium	30 mg	**
Zinc	8,4 mg	84,00
Vitamin C	50,0 mg	62,55
Molybdenum	50,0 µg	100,01
Selenium	30,0 µg	54,55
Iron	1,0 mg	7,20
β-Carotene	402 µg	**
Mangan	1,0 mg	50,49
Vitamin D3	5,0 µg	100,20
Copper	450 µg	45,00
Vitamin B6	600 µg	42,87
Silicon	2,9 mg	**
Chrome	30 µg	75,00

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011

\*\* = No recommendation established



# CISTUS INCANUS

## CISTUS INCANUS – PINK ROCK ROSE

Pink Rock Rose, a very unique, natural substance!

This plant, also named grey-haired rock rose or cistus, is native to Southern Europe, especially the Greek peninsula of Chalkidiki. *Cistus incanus tauricus*, a subspecies, ranks at the top of the list of edible European plants containing polyphenols bringing about a natural anti-aging effect. It is often brewed as tea or processed into stock.

Natives of Chalkidiki established daily tea drinking rituals and it can be noted that they generally reach a higher average age.

According to local lore, the Greek gods of ancient times knew of the extraordinary power of the rock rose, and as early as 400 BC, Egypt imported its resin for use as a natural source against bacterial- and fungal infestation. The combination of resins and polyphenols makes this plant valuable and improves the overall well-being of people taking advantage of its properties.

*Cistus incanus tauricus* was named “Europe’s Plant of the Year 1999” and was awarded a special honor. German universities and various institutes have been studying and researching *cistus incanus* and a great number of references were produced regarding this “miracle plant” and its use.

Polyphenols are said to work as follows:

- 🌿 ACT AS ANTIOXIDANTS AND NATURAL ANTIBIOTICS, ANTI-INFLAMMATORY AND ANTI-VIRAL IN NATURE
- 🌿 POSITIVELY INFLUENCE THE BONE METABOLISM
- 🌿 SUPPORT THE IMMUNE SYSTEM
- 🌿 PROTECT FROM AGE-RELATED VISION DEFECTS

RECOMMENDED DOSAGE: 2 CASPULES DAILY







INGREDIENTS	DAILY DOSIS	%NRV*
Cistus Incanus	800 mg	**
Vitamin E	24 mg	200

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011

\*\* = No recommendation established

#### CISTUS INCANUS | CAPSULES

CODE 5014 | 60 Capsules | 37,50€

#### Cistus Incanus | Capsules | Pack 3

CODE 5015 | 3 x 60 Capsules | 101,50€

(Advantage pricing - You save 11,00€)

#### CISTUS INCANUS & LEMON GRASS | TEA

CODE 5016 | 250g | 19,90€

#### Cistus Incanus & Lemon Grass | Tea | Pack 3

CODE 5017 | 3 x 250g | 53,90€

(Advantage pricing - You save 5,80€)



# HYALURON

## HYALURONIC ACID WITH METHYLSULFONYLMETHANE (MSM) AND GREEN-LIPPED MUSSEL EXTRACT IN CAPSULE FORM

Active ingredients: hyaluronic acid, glucosamine sulfate and chondroitin sulfate.

Vegas Vital Hyaluronan capsules contain hyaluronic acid, glucosamine sulfate and chondroitin sulfate, ingredients naturally present in our body's joint cartilage.

One of the main prerequisites for trouble-free body movement is healthy joint cartilage. It ensures that bones rubbing against each other are well cushioned, and work without friction or pain. The joints then move smoothly and easily.

In addition to acting as padding, cartilage also functions as a shock absorber against heavy burdens and strains. Therefore, it is extremely important to keep and/or extend the life span of healthy cartilage.

Vegas Vital Hyaluronan capsules offer all this and more: high dosages of biotin (also known as vitamin H or coenzyme R), copper, iodine, niacin, riboflavin and zinc. All these are essential nutrients for healthy cell growth of skin, hair, nail and cartilage. Copper plays an important part in maintaining strong connective tissue but also contributes to the pigmentation process, making it responsible for the colour of your hair and skin. Zinc is credited with anti-oxidant properties and accelerates the healing of wounds due to its role in the course of cell proliferation.

Our Vegas Hyaluronan is obtained through a patented fermentation procedure from plant properties which ensures your body will much more readily absorb the hyaluronan molecules. The manufacturing process also guarantees that our product is absolutely free of animal substances.

RECOMMENDED DOSAGE: 2 CAPSULES DAILY

### HYALURON


Recommended dosage for  
one month

**CODE 5004 | 60 Capsules | 33,00€**

### HYALURON | Pack 3

Recommended dosage for  
three months

**CODE 5005 | 3 x 60 Capsules | 89,10€**  
(Advantage pricing - You save 9,90€)



INGREDIENTS	DAILY DOSIS	%NRV*
Hyaluronic acid	100 mg	**
MSM	100 mg	**
GLM***	100 mg	**

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011

\*\* = No recommendation established | \*\*\* green-lipped mussel

#### ACTIVE INGREDIENT METHYLSULFONYLMETHANE (MSM):

MSM is an organosulfur compound, a solid form of sulfur and easily absorbed by the human body. It is naturally present in fresh fruit and vegetables, but also in meat and fish. Among other functions, sulfur has its share in the production of enzymes, antibodies, amino acids and glutathione, which in turn affect the growth of skin, hair, nails and cartilage.

#### ACTIVE INGREDIENT GREEN-LIPPED MUSSEL EXTRACT:

Green-lipped mussels contain glycosaminoglycans (GAGs), long unbranched polysaccharides.

One example of GAG uses in nature include hyaluronan as a component present in joints and cartilage, effectively acting as a liquid lubricant.

- 🌊 BENEFICIAL FOR SKIN, HAIR, NAILS AND JOINTS
- 🌊 BENEFICIAL FOR PIGMENTATION AND CELL PROLIFERATION
- 🌊 HIGH-QUALITY INGREDIENTS, GENTLY PROCESSED



# COLOSTRUM PRO!

## FOR PHYSICAL AND MENTAL WELL-BEING

Colostrum Pro! by Vegas Vital combines the myth of the so-called firstling milk, existing in the milk of cows during the first 24 hours up to 72 hours after they give birth to a calf, with the benefits of the vitamin B complex.

The high-dosage vitamin B complex of Colostrum Pro! can positively impact the metabolism and support the nervous system functions as well as diminish fatigue. Vitamin B2 (riboflavin) in particular acts as an anti-oxidant, while vitamin B12 and folic acid, also included in Colostrum Pro!, play an important part in the cell division and growth process. Folic acid is absolutely fundamental to the production of DNA, the building blocks of cells. Vitamin B5 (pantothenic acid) is essential in the build-up of coenzyme A, which in turn is of crucial importance for a healthy and vital metabolism. Mentally and physically active individuals specifically, exposed to high pressure to perform on a daily basis, will come to appreciate the energizing effects of Colostrum Pro! as they recognize the necessity to depend on their ability to concentrate and maintain a strong nervous system as well as mental flexibility.

- 🌸 SUPPORTS A HEALTHY METABOLISM
- 🌸 SUPPORTS A HEALTHY LEVEL OF MENTAL PERFORMANCE
- 🌸 HIGH-DOSAGE VITAMIN B COMPLEX

RECOMMENDED DOSAGE: 2 CAPSULES DAILY

### COLOSTRUM PRO

Recommended dosage for  
one month

**CODE 5006 | 60 Capsules | 39,90€**

### COLOSTRUM PRO | Pack 3

Recommended dosage for  
three months

**CODE 5007 | 3 x 60 Capsules | 108,00€**

(Advantage pricing - You save 11,70€)





INGREDIENTS	DAILY DOSIS	%NRV*
Colostrum	800 mg	**
Vitamin B3	54 mg	337,5
Vitamin B1	2,2 mg	200
Vitamin B2	2,8 mg	200
Vitamin B6	2,8 mg	200
Vitamin B12	2,5 µg	100
Pantothenic acid	12,0 mg	200
Folate	600 µg	300

\* NRV = recommended daily dosage, according to Regulation [EU] No 1169/2011

\*\* = No recommendation established

# VITAMIN PLUS

## WITH VALUABLE VITAMINS, MINERALS AND FIBER WITH FOREST FRUIT FLAVOUR, IN POWDER FORM

As much as we try to maintain a healthy lifestyle, too often our diet does not meet the requirements to secure sufficient intake of vitamins and minerals. Living in a fast paced world with hectic schedules, pressure from deadlines and daily stressors, we give in to temptation, take shortcuts and mostly choose unhealthy foods that are wrong for us. Even when we strive to adhere to balanced nutrition, it is difficult to incorporate the recommended four to six fruit and vegetable servings per day into our meals. Vegas Vital recognizes this rift between your goals and actual reality and in order to assist in accomplishing your goals and live a healthier life, developed Vitamin Plus, a nutritional supplement as another option to sustain your intake requirements.

Biotin, niacin, pantothenic acid, riboflavin (vitamin B2), thiamin (vitamin B1), vitamin A, vitamin B6, vitamin B12 and vitamin C as well as the minerals calcium, iron and manganese are all involved in creating a healthy metabolism. Vitamin B6, B12 and vitamin C are essential contributors toward creating and maintaining a strong immune system. Riboflavin (vitamin B2) and vitamin A help sustain normal function of vision, while calcium assists in producing sufficient platelet levels in order to ensure strong blood coagulation. Chromium supports healthy blood sugar and iron levels and riboflavin (vitamin B2) and vitamin B12 are an effective team in the production process of red blood cells and hemoglobin. Last, but not least, vitamin C contributes to the production of collagen and helps support the vascular system.

We tend to underestimate the impact of these vitamins and minerals with regard to healthy growth of hair, nails, bones and teeth, whereas in reality their importance cannot and should not be overlooked. Without calcium, magnesium, manganese and vitamins A, D and K, we would not enjoy healthy bones or teeth. Without riboflavin (vitamin B2) and vitamin C, we would not enjoy the youthful effects of healthy skin texture and appearance.

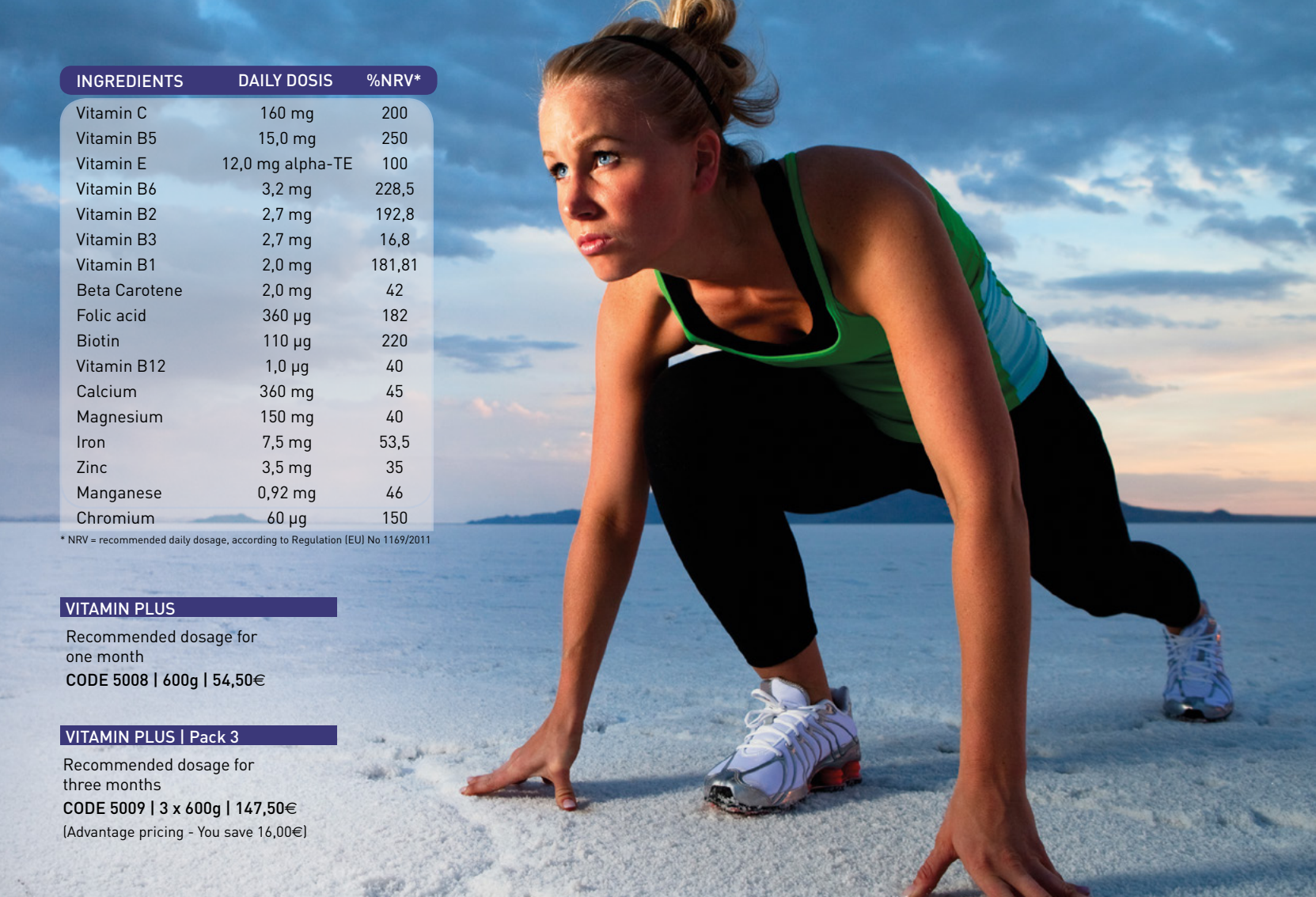
Vitamin Plus also contains valuable dietary fiber to ensure overall well-being. Fiber fosters a reliable transition process of digested food throughout the intestinal tract, assisting in keeping regular, absorbing nutrients while filtering out toxins.

- 🍷 IMPORTANT VITAMINS AND MINERALS
- 🍷 SUPPORT THE ENERGY METABOLISM
- 🍷 GOOD FOR SKIN, HAIR, NAILS, BONES AND TEETH

RECOMMENDED DOSAGE: 20g DAILY





A woman with blonde hair tied in a bun, wearing a green and black tank top and black leggings, is in a starting crouch on a snowy surface. She is looking forward with a determined expression. The background shows a sunset sky with orange and blue hues over a distant horizon.

INGREDIENTS	DAILY DOSIS	%NRV*
Vitamin C	160 mg	200
Vitamin B5	15,0 mg	250
Vitamin E	12,0 mg alpha-TE	100
Vitamin B6	3,2 mg	228,5
Vitamin B2	2,7 mg	192,8
Vitamin B3	2,7 mg	16,8
Vitamin B1	2,0 mg	181,81
Beta Carotene	2,0 mg	42
Folic acid	360 µg	182
Biotin	110 µg	220
Vitamin B12	1,0 µg	40
Calcium	360 mg	45
Magnesium	150 mg	40
Iron	7,5 mg	53,5
Zinc	3,5 mg	35
Manganese	0,92 mg	46
Chromium	60 µg	150

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011

#### VITAMIN PLUS

Recommended dosage for  
one month

**CODE 5008 | 600g | 54,50€**

#### VITAMIN PLUS | Pack 3

Recommended dosage for  
three months

**CODE 5009 | 3 x 600g | 147,50€**

(Advantage pricing - You save 16,00€)

# BODY FIT

## WITH 10 DIFFERENT TEA SUBSTANCES, L-CARNITIN & VITAMINE C

Our food supplement Body Fit contains a tea complex mixture with a standardized content of catechins and caffeine. These combined ingredients can increase fat reduction in a natural way. In addition Body Fit contains L-Carnitin and Vitamin C. L-Carnitin, with fat molecules taking care of muscle cells. With increased straining of the muscles, either at work or while doing sport, it may really make sense to supply the body with extra „L-Carnitin“, providing more fatty molecules, resulting in a greater increase of lipid metabolism.

In addition, the caffeine content increases physical performance, in that the respiratory- and circulatory system is being stimulated, which in turn may increase the energy metabolism. The catechin content may encourage the body's thermogenesis, which can also lead to an increased fat metabolism. Vitamine C again will support loss of fat, due to its antioxidant effect and successfully fights free radicals.

In the long run the body fat can be reduced and there may be a weight reduction. This product is aimed at consumers, who wish to promote the effects of training and sports activities (on the one hand fat loss, muscle building on the other).

- 🌿 FIGHTS HARMFUL FREE RADICALS
- 🌿 POWERFUL ANTIOXIDANTS
- 🌿 FACILITATES FAT REDUCTION DURING EXERCISE

RECOMMENDED DOSAGE: 1 CAPSULE 3 TIMES A DAY

**WARNING: NOT TO BE USED DURING PREGNANCY**







#### INGREDIENTS

#### DAILY DOSIS

#### %NRV\*

Extract Tea Blend	1050 mg	**
L-Carnitin	195 mg	**
Vitamin C	80 mg	100%

\* NRV = recommended daily dosage, according to Regulation (EU) No 1169/2011

\*\* = No recommendation established

#### BODY FIT

Recommended dosage for  
one month

**CODE 5010 | 90 Capsules | 37,50€**

#### BODY FIT | Pack 3

Recommended dosage for  
three months

**CODE 5011 | 3 x 90 Capsules | 101,50€**

(Advantage pricing - You save 11,00€)



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